

DECEMBER 2018

Monday

December 3, 2018

BREAKFAST:

Oatmeal Bake (1/2c)
Mixed Fruit (1/2c)

LUNCH:

Spaghetti w/ (1/2c / 3/4c)
Meat Sauce (5/8 C)
or Hamburger (2oz)
Garlic Toast (1 ; 2 slices)
Green Beans (1/2 C)
Dk. Gr. Lettuce Salad (1/4c)
Fresh Veggie Tray (1/2 c)
Mixed Fruit (1/2c)

Monday

December 10, 2018

BREAKFAST:

Bagels (1each)
Peaches (1/2 C)

LUNCH:

Chicken Wrap (1;2) or
Deli Ham (2 oz)
Nacho(1oz. Chip/cheese)
Refried Beans (1/4 c)
WK Corn (1/4c/ 1/2 c)
Spicy Apples (1/4c)
Lettuce: Romaine/iceberg
Shred Cheese 1/2oz
Peaches (1/2 C)

Tuesday

December 4, 2018

BREAKFAST:

Muffins (1 each)
Peaches (1/2c)

LUNCH:

Taco Shell (1shell;2 shell)
Taco Meat (1 1/2 oz)
Grilled Chicken Sand. (2 oz)
on WG Bun (2)
Shred Cheese 1/2oz
Nacho(1oz chip/1oz cheese)
Refried Beans (1/4 c)
WK Corn (1/4c/ 1/2 c)
Lettuce: Romaine/iceburg
Peaches (1/2c)

Tuesday

December 11, 2018

BREAKFAST:

Muffins (1 each)
Pineapple (1/2c)

LUNCH:

Teriyaki Chicken Stir Fry(2oz)
or Breaded Pork Chop (2oz)
Seasoned Rice (1/2c)
Breadsticks (1oz/2oz)
Stir Fry Vegetables (1/2c)
Fresh Veggie Tray (1/2 c)
Pineapple (1/2c)

Wednesday

December 5, 2018

BREAKFAST:

Egg,Ham & Cheese Bake (1pc)
Pineapple (1/2c)

LUNCH:

Orange chicken (2oz) or
Deli Ham (2 oz)
Mashed Potatoes (1/2c)
or Rice (1/2c)
Broccoli (1/2c)
Cauliflower (1/2c)
Pineapple (1/2c)

Wednesday

December 12, 2018

BREAKFAST:

Breakfast Squares (1 each)
Applesauce (1/2 c)

LUNCH:

Pizza Dippers (2oz) or
Pulled Pork (2oz)
AuGratin Potatoes (1/2c)
Fresh Veggie Tray (1/2 c)
Dk. Gr. Lettuce Salad (1/4c)
Marinara Sauce (1/4c)
Applesauce (1/2 c)

Thursday

December 6, 2018

BREAKFAST:

Yogurt (1each)
Applesauce (1/2 c)

LUNCH:

Subs
Lunch Meat (1oz; 1.5 oz)
Cheese Slices (.5 oz; 1 oz)
Scallop Potatoes (1/2 c)
Cream Corn (1/4 c.; 1/2c)
Lettuce/Tomato (1/4 C)
Applesauce (1/2 c)

Thursday

December 13, 2018

BREAKFAST:

Yogurt (1each)
Mandarin Oranges (1/2c)

LUNCH:

Chicken Nuggets (2oz) or
Grilled Chicken Sand. (2 oz)
on W.G. Bun (1)
Tri-Tators (2oz/4oz)
or Baked Potatoes (1/2c.)
Cauliflower (1/2 c) or
Mixed Vegetables (1/2c)
Mandarin Oranges (1/2c)

Friday

December 7, 2018

BREAKFAST:

French Toast Sticks (4sticks)
Strawberries (1/2c)

LUNCH:

Tomato or Chicken Soup
Brat (2 oz.) or
Toasted Cheese (1 each)
Hash Browns (1/2c)
Veggie Beans (1/4c)
Fresh Veggie Tray (1/2c)
Crackers (2pk)
Strawberries (1/2c) or
Mixed Berries (1/2c)

Friday

December 14, 2018

BREAKFAST:

Ham, Egg & Cheese on Muffin
Pears (1/2c)

LUNCH:

Hot Dog or Hamburger (2oz)
WG Buns (1)
Mac & Cheese (1/2c)
Cabbage Salad (1/4c)
Veggie Beans (1/2 c)
Fresh Veggie Tray (1/2 c)
Pears (1/2c)

LENA PUBLIC SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

ALL MENUS ARE SUBJECT TO CHANGE AT ANY TIME.

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Monday December 17, 2018	BREAKFAST: Oatmeal (1/2c) Tropical Fruit (1/2 c)	LUNCH: Roast Pork & Gravy Deli Turkey Sandwich (3.4oz) Hot Dog (2oz)	BREAKFAST: Muffins (1 each) Pineapple (1/2c)	LUNCH: Chili (8oz/10oz) or Hot Dog (2oz)	BREAKFAST: French Fries (1/4c/1/2c) Veggie Beans (1/2 c) Mashed Potatoes (1/2c) or Butternut Squash (1/2 c) or Broccoli (1/2c) Tropical Fruit (1/2 c)
Tuesday December 18, 2018	BREAKFAST: Muffins (1 each) Pineapple (1/2c)	LUNCH: Salisbury Steak (2oz) or Chicken Philly Sand. (2oz)	BREAKFAST: Pancakes(2each) Peaches (1/2 C)	LUNCH: Smiles (3oz/5oz) Green Beans (1/4c/ 1/2 c) Fresh Veggie Tray (1/4c) Pudding (1/2c) Peaches (1/2 C)	BREAKFAST: Hash Browns (1/2 c) DK. Gr. Lettuce Salad (1/4c) Fresh Veggie Tray (1/4c) Applesauce (1/2 c) Hot Fudge Sundaes
Wednesday December 19, 2018	BREAKFAST: Peaches (1/2 C)	LUNCH: Assorted Sandwich (1 each) Ravioli (1 cup) or Gilled Chicken Sand. (2 oz) Breadsticks (1oz/2oz) WK Corn (1/2c) Fresh Veggie Tray (1/2c) Pears (1/2 c.)	BREAKFAST: Yogurt (1each) Applesauce (1/2 c)	LUNCH: Pizza (1 slice) or Assorted Sandwich (1 each)	
Thursday December 20, 2018	BREAKFAST: Yogurt (1each) Applesauce (1/2 c)	LUNCH: Assorted Sandwich (1 each) Ravioli (1 cup) or Gilled Chicken Sand. (2 oz) Breadsticks (1oz/2oz) WK Corn (1/2c) Fresh Veggie Tray (1/2c) Pears (1/2 c.)	BREAKFAST: Yogurt (1each) Applesauce (1/2 c)	LUNCH: Assorted Sandwich (1 each) Ravioli (1 cup) or Gilled Chicken Sand. (2 oz) Breadsticks (1oz/2oz) WK Corn (1/2c) Fresh Veggie Tray (1/2c) Pears (1/2 c.)	
Friday December 21, 2018	BREAKFAST: Cinnamon Rolls (2 each) Pears (1/2 c)	LUNCH: Cinnamon Rolls (2 each) Pears (1/2 c)	BREAKFAST: Cinnamon Rolls (2 each) Pears (1/2 c)	LUNCH: Cinnamon Rolls (2 each) Pears (1/2 c)	

Monday December 24, 2018	CHRISTMAS EVE	Tuesday December 25, 2018	MERRY CHRISTMAS
Monday December 31, 2018	NEW YEARS EVE	Tuesday January 1, 2019	HAPPY NEW YEAR



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Wednesday January 2, 2019	BREAKFAST: Muffins (1 each) Peaches (1/2 C)	LUNCH: Mini Corn Dogs (5) or Chicken Fried Steak (1) Mashed Potatoes (1/2c) or Rice (1/2c) Brussel Sprouts (1/2c) Cauliflower (1/4c/ 1/2 c) Peaches (1/2 C)
Thursday January 3, 2019	BREAKFAST: Yogurt (1each) Tropical Fruit (1/2 c)	LUNCH: Pulled Pork (2oz)or Cheddarwurst (2oz) W.G. Buns Wedge Fries (1/2c) Veggie Beans (1/2 c) Fresh Veggie Tray (1/2 c) Tropical Fruit (1/2 c)
Friday January 4, 2019	BREAKFAST: Breakfast Squares (1 each) Applesauce (1/2 c)	LUNCH: Fish sticks (1.5oz./3oz.)or BBQ Rib Patty (2oz) Buttered Noodles (1/2c) Cabbage Salad (1/4c) Green Beans (1/2 c) Fresh Veggie Tray (1/2 c) Applesauce (1/2 c)

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