

APRIL, 2019 MENU

Monday

April 1, 2019

BREAKFAST:

Cheese Omlett (1 each)
Mandarin Oranges (1/2c)

LUNCH:

Orange chicken (2oz) or
Deli Ham Sand. (3.75oz)
Mashed Potatoes (1/2c)
or Rice (1/2c)
Broccoli (1/2c)
Cauliflower (1/2c)
Mandarin Oranges (1/2c)

Tuesday

April 2, 2019

BREAKFAST:

Muffins (1 each)
Pears (1/2c)

LUNCH:

Quesadilla (1each) or
Hamburger (2oz)
Mexican Seasoned Rice (1/2c)
WK Corn (1/4c/ 1/2 c)
Dk. Gr Lettuce Salad (1/2 c)
Fresh Veggie Tray (1/2 c)
Pears (1/2c)

Wednesday

April 3, 2019

BREAKFAST:

Egg, Ham & Cheese Bake (1pc)
Pineapple (1/2c)

LUNCH:

Salisbury Steak (2oz)
Deli Turkey Sandwich (3.4oz)
W G Bun
Smiles (3oz / 5oz)
Broccoli (1/4c/ 1/2 c)
Fresh Veggie Tray (1/2 c)
Pineapple (1/2c)

Thursday

April 4, 2019

BREAKFAST:

Yogurt (1each)
Peaches (1/2 c)

LUNCH:

Subs
Lunch Meat (1oz; 1.5 oz)
Cheese Slices (.5 oz; 1 oz)
Scallop Potatoes (1/2 c)
Cream Corn (1/4 c.; 1/2c)
Lettuce/Tomato (1/4 C)
Peaches (1/2 c)

Friday

April 5, 2019

BREAKFAST:

Breakfast Squares (1 each)
Applesauce (1/2 c)

LUNCH:

Fish sticks (1.5oz./3oz.)or
BBQ Rib Patty (2oz)
Buttered Noodles (1/2c)
Cabbage Salad (1/4c)
Green Beans (1/4c/ 1/2 c)
Fresh Veggie Tray (1/2 c)
Applesauce (1/2 c)

Monday

April 8, 2019

BREAKFAST:

Bagels (1each)
Pears (1/2c)

LUNCH:

Chicken Nuggets (2oz)
Or Brat (2 oz)
WG Buns (1)
Tri-Tatars (2oz/4oz)
or Baked Potatoes (1/2c.)
Peas or Carrots (1/4c/ 1/2 c)
Pears (1/2c)

Tuesday

April 9, 2019

BREAKFAST:

Egg, Ham & Cheese on Muffin
Mixed Fruit (1/2c)

LUNCH:

Taco Shell (1shell;2 shell)
Taco Meat (1 1/2 oz)
Or Brat (2 oz)
Shred Cheese 1/2oz
Nacho(1oz chip/1oz cheese)
Refried Beans (1/4 c)
WK Corn (1/4c/ 1/2 c)
Lettuce: Romaine/iceberg
Mixed Fruit (1/2c)

Wednesday

April 10, 2019

BREAKFAST:

Muffins (1 each)
Applesauce (1/2 c)

LUNCH:

Mini Corn Dogs (5) or
Chicken Fried Steak (1 each)
Mashed Potatoes (1/2c)
or Rice (1/2c)
Broccoli (1/2c)
Cauliflower (1/2c)
Applesauce (1/2 c)

Thursday

April 11, 2019

BREAKFAST:

Yogurt (1each)
Peaches (1/2 C)

LUNCH:

Ravioli (1 cup) or
Deli Turkey (3.4oz)
Breadsticks (1oz/2oz)
Green Beans (1/4c/ 1/2 c)
Dk. Gr. Lettuce Salad (1/4c)
Fresh Veggie Tray (1/2c)
Peaches (1/2 C)

Friday

April 12, 2019

BREAKFAST:

French Toast sticks (4 sticks)
Mixed Berries (1/2 c)

LUNCH:

Pizza Dippers (2oz) or
Pulled Pork (2oz)
Au Gratin Potatoes (1/2c)
Veggie Beans (1/4 c)
Fresh Veggie Tray (1/2 c)
Dk. Gr. Lettuce Salad (1/4c)
Marinara Sauce (1/4c)
Strawberries (1/2c)
Mixed Berries (1/2 c)

LENA PUBLIC SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.
ALL MENUS ARE SUBJECT TO CHANGE AT ANY TIME.

APRIL, 2019 MENU

Monday

April 15, 2019

BREAKFAST:

Pancakes (2 each)
Pineapple (1/2c)

LUNCH:

Teriyaki Chicken Stir Fry(2oz)
or Br. Pork Chop (2oz)
Seasoned Rice (1/2c) or
Mashed Potatoes (1/2c)
Stir Fry Vegetables (1/2c)
Broccoli (1/2c)
Fresh Veggie Tray (1/2 c)
Pineapple (1/2c)

Monday

April 22, 2019

Easter Break
Easter Break
Easter Break
Easter Break
Easter Break
Easter Break

Tuesday

April 16, 2019

BREAKFAST:

Muffins (1 each)
Pears (1/2c)

LUNCH:

Pulled Pork (2oz)
Or Cheddarwurst (2oz)
W.G. Buns
Wedge Fries (3oz/5oz)
Green Beans (1/4c/ 1/2 c)
Fresh Veggie Tray (1/2 c)
Pears (1/2c)

Tuesday

April 23, 2019

BREAKFAST:

Muffins (1 each)
Peaches (1/2 c)

LUNCH:

Meatballs (1/2c) or
Deli Ham Sand. (3.4oz)
Mashed Potatoes (1/2c)
or Rice (1/2c)
Broccoli (1/4c-1/2c)
Cauliflower (1/4c-1/2c)
Peaches (1/2 c)

Wednesday

April 17, 2019

BREAKFAST:

Yogurt (1each)
Tropical Fruit (1/2 C)

LUNCH:

Chicken Wrap (1;2) or
Deli Ham Sandwich (3.4oz)
Nacho(1oz. Chip/cheese)
Refried Beans (1/4 c)
WK Corn (1/4c/ 1/2 c)
Shred Cheese 1/2oz
Lettuce: Romaine/iceberg
Tropical Fruit (1/2 C)

Wednesday

April 24, 2019

BREAKFAST:

Bagels (1each)
Mandarin Oranges (1/2c)

LUNCH:

Spaghetti w/
Meat Sauce (5/8 C)
or Hamburger (2oz)
Garlic Toast (1 ; 2 slices)
WK Corn (1/4c/ 1/2 c)
Dk. Gr. Lettuce Salad (1/4c)
Fresh Veggie Tray (1/2 c)
Mandarin Oranges (1/2c)

Thursday

April 18, 2019

BREAKFAST:

Colored Easter Eggs (1 each)
Strawberries (1/2c)

LUNCH:

Hamburger (2oz) or
Hot Dog (2oz)
Mac & Cheese (1/2c / 3/4c)
Veggie Beans (1/2 c)
Dk. Gr. Lettuce Salad (1/4c)
Fresh Veggie Tray (1/4 c)
Strawberries (1/2c)
Mixed Berries (1/2 c)

Thursday

April 25, 2019

BREAKFAST:

Yogurt (1each)
Pears (1/2c)

LUNCH:

Chicken Patty (2oz) or
Pulled Pork (2 oz)
Ranch Fries (3oz/5oz)
Green Beans (1/2c)
Brussels Sprouts (1/2 c)
Fresh Veggie Tray (1/2 c)
Pears (1/2c)

Friday

April 19, 2019

Good Friday



HAPPY EASTER

Friday

April 26, 2019

BREAKFAST:

Waffles (2 each)
Applesauce (1/2 c)

LUNCH:

Pizza (1 slice) or
Assorted Sand. (1each)
Hash Browns (1/2 c)
Dk. Gr. Lettuce Salad (1/4c)
Cottage Cheese (1/4c)
Fresh Veggie Tray (1/4c)
Applesauce (1/2 c)