

MAY 2019

Monday April 29, 2019	Tuesday April 30, 2019	Wednesday May 1, 2019	Thursday May 2, 2019	Friday May 3, 2019
BREAKFAST: Bagels (1each) Pineapple (1/2c)	BREAKFAST: Egg, Ham & Cheese on Muf. Mixed Fruit (1/2c)	BREAKFAST: Muffins (1 each) Pears (1/2c)	BREAKFAST: Yogurt (1each) Peaches (1/2 C)	BREAKFAST: Pancakes (2 each) Mixed Berries (1/2c)
LUNCH: Teriyaki Chicken Stir Fry(2oz) Deli Turkey Sandwich (3.4oz) Seasoned Rice (1/2c) or Mashed Potatoes (1/2c) Stir Fry Vegetables (1/2c) Broccoli (1/2c) Fresh Veggie Tray (1/2 c) Pineapple (1/2c)	LUNCH: Tomato or Chicken Soup Hot Dog (2oz)or Toasted Cheese (1 each) Hash Browns (1/2c) Fresh Veggie Tray (1/2c) Crackers (2pk) Mixed Fruit (1/2c)	LUNCH: Chicken Nuggets (2oz) or Brat (2 oz) WG Buns (1) Tri-Tatars (2oz/4oz) or Baked Potatoes (1/2c.) Green Beans (1/2c) Pears (1/2c)	LUNCH: Subs Lunch Meat (1oz; 1.5 oz) Cheese Slices (.5 oz; 1 oz) Scallop Potatoes (1/2 c) Cream Corn (1/4 c.; 1/2c) Lettuce/Tomato (1/4 C) Peaches (1/2 C)	LUNCH: Fish sticks (1.5oz./3oz.)or BBQ Rib (2oz) Buttered Noodles (1/2c./3/4c.) Veggie Beans (1/2 c) Cabbage Salad (1/4c) Fresh Veggie Tray (1/2 c) Mixed Berries (1/2c) Apple Slices (1each)

Monday May 6, 2019	Tuesday May 7, 2019	Wednesday May 8, 2019	Thursday May 9, 2019	Friday May 10, 2019
BREAKFAST: Cinnamon Rolls (1 each) Pineapple (1/2c)	BREAKFAST: Bagels (1each) Applesauce (1/2 c)	BREAKFAST: Muffins (1 each) Pears (1/2c)	BREAKFAST: Yogurt (1each) Mixed Fruit (1/2c)	BREAKFAST: Egg, Ham, & Cheese Bake Peaches (1/2 C)
LUNCH: Ham & Cheese (1 each) or Breaded Pork Patty (2oz) W.G.Bun (1) Peas (1/2c) Carrots (1/2 c) Pasta Salad (1/2c:3/4c) Pineapple (1/2c)	LUNCH: Taco Shell (1shell;2 shell) Taco Meat (1 1/2 oz) or Deli Ham Sandwich (3.4oz) WG Buns (1) Nacho(1oz chip/1oz cheese) Refried Beans (1/4 c) WK Corn (1/4c/ 1/2 c) Shred Cheese 1/2oz Lettuce: Romaine/iceberg Applesauce (1/2 c)	LUNCH: Salisbury Steak (2oz) or Chicken Philly Sand. (2oz) W G Bun Smiles (3oz / 5oz) Green Beans (1/4c/ 1/2 c) Fresh Veggie Tray (1/2 c) Pears (1/2c)	LUNCH: Orange chicken (2oz) or Deli Ham (2 oz) Mashed Potatoes (1/2c) or Rice (1/2c) Broccoli (1/2c) Cauliflower (1/2c) Mixed Fruit (1/2c)	LUNCH: Pizza Dippers (2oz) or Pulled Pork (2oz) AuGratin Potatoes (1/2c) Veggie Beans (1/4 c) Dk. Gr. Lettuce Salad (1/4c) Fresh Veggie Tray (1/2 c) Marinara Sauce (1/4c) Peaches (1/2 C)

MAY 2019

Monday May 13, 2019	Tuesday May 14, 2019	Wednesday May 15, 2019	Thursday May 16, 2019	Friday May 17, 2019
BREAKFAST: Pancakes (2 each) Pineapple (1/2c)	BREAKFAST: Muffins (1 each) Pears (1/2c)	BREAKFAST: Egg, Ham & Cheese on Muf. Mandarin Oranges (1/2c)	BREAKFAST: Yogurt (1each) Peaches (1/2 c)	BREAKFAST: Breakfast Squares (1 each) Applesauce (1/2 c)
LUNCH: Mini Corn Dogs (5) or Chicken Fried Steak 1) Mashed Potatoes (1/2c) or Rice (1/2c) Cauliflower (1/2 c) Broccoli (1/2c) Pineapple (1/2c)	LUNCH: Chicken Patty (2oz)or Pulled Pork (2oz) Mac & Cheese (1/2c-3/4c) Buttered Noodles (1/2c./3/4c.) Peas (1/2c) Carrots (1/2 c) Pears (1/2c)	LUNCH: Quesadilla (1each) or BBQ Rib Patty (2oz) Mexican Seasoned Rice (1/2c) Green Beans (1/2c) Dk. Gr Lettuce (1/2 c) Fresh Veggie Tray (1/2 c) Mandarin Oranges (1/2c)	LUNCH: Ravioli (1 cup) or Deli Ham Sandwich (3.4oz) Breadsticks (1oz/2oz) WK Corn (1/4c/ 1/2 c) Dk. Gr. Lettuce Salad (1/4c) Fresh Veggie Tray (1/2c) Peaches (1/2 c)	LUNCH: Fish sticks (1.5oz./3oz.)or Pulled Pork (2oz) Smiles (3oz / 5oz) Veggie Beans (1/2c.) Cabbage Salad (1/4c) Fresh Veggie Tray (1/2 c) Applesauce (1/2 c)
Monday May 20, 2019	Tuesday May 21, 2019	Wednesday May 22, 2019	Thursday May 23, 2019	Friday May 24, 2019
BREAKFAST: French Toast Sticks (4sticks) Strawberries (1/2c)	BREAKFAST: Bagels (1each) Pears (1/2c)	BREAKFAST: Muffins (1 each) Mixed Fruit (1/2c)	BREAKFAST: Yogurt (1each) Applesauce (1/2 c)	BREAKFAST: Egg, Ham & Cheese Bake (1 each) Pineapple (1/2c)
LUNCH: Meatballs (1/2c) or Deli Turkey (3.4oz) Mashed Potatoes (1/2c) or Rice (1/2c) Cauliflower (1/2 c) Broccoli (1/2c) Strawberries (1/2c) Mixed Berries (1/2c)	LUNCH: Chicken Wrap (1;2) or Deli Ham (2 oz) Nacho(1oz. Chip/cheese) Refried Beans (1/4 c) WK Corn (1/4c/ 1/2 c) Lettuce: Romaine/iceberg Shred Cheese 1/2oz Pears (1/2c)	LUNCH: Hot Dog or Hamburger (2oz) WG Buns (1) Ranch Fries (1/2 c; 3/4 c) Veggie Beans (1/2 c) Fresh Veggie Tray (1/4 c) Applesauce (1/2 c) Mixed Fruit (1/2c)	LUNCH: Chicken Nuggets (2oz) or Brat (2 oz) WG Buns (1) Chicken Flavored Rice (1/2c) or Baby Bakers (1/2c) Green Beans (1/2c) Applesauce (1/2 c)	LUNCH: Pizza Dippers (2oz) or Pulled Pork (2oz) AuGratin Potatoes (1/2c) Veggie Beans (1/2 c) Dk. Gr. Lettuce Salad (1/4c) Fresh Veggie Tray (1/2 c) Marinara Sauce (1/4c) Pineapple (1/2c)

LENA PUBLIC SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.
ALL MENUS ARE SUBJECT TO CHANGE AT ANY TIME.

MAY 2019

Monday
May 27, 2019

NO SCHOOL



Tuesday
May 28, 2019

BREAKFAST:

Egg, Ham & Cheese Bake
Peaches (1/2 C)

LUNCH:

Build your own Nacho's or
Deli Ham Sandwich (3.4oz)
Taco Meat (2 oz)or
Nacho Cheese 1oz
Mexican Rice (1/2c)
Refried Beans (1/4 c)
WK Corn (1/4c/ 1/2 c)
Lettuce: Romaine/iceberg
Peaches (1/2 C)

Wednesday
May 29, 2019

BREAKFAST:

Muffins (1 each)
Pears (1/2c)

LUNCH:

Chicken Patty (2oz) or
Brat (2 oz)
Wedge Fries (1/2c)
Veggie Beans (1/2c.)
Green Beans (1/4c / 1/2c)
Cabbage Salad (1/4c)
Pears (1/2c)

Thursday
May 30, 2019.

BREAKFAST:

Yogurt (1each)
Mandarin Oranges (1/2c)

LUNCH:

Sloppyt Joes (2oz)
Or Cheddarwurst (2oz)
W.G. Buns
French Fries (1/2 c; 3/4 c)
Veggie Beans (1/2 c)
Fresh Veggie Tray (1/4 c)
Mandarin Oranges (1/2c)

Friday
May 31, 2019

BREAKFAST:

Cinnamon Rolls (1 each)
Applesauce (1/2 c)

LUNCH:

Assorted Pizza (1 slice) or
Assorted Sandwiches (1each)
Bag of chips (1 each)
String Cheese (1 oz)
Fresh Veggie Tray (1/4c)
Applesauce (1/2 c)