

September 2020

Monday August 31, 2020	Tuesday September 1, 2020	Wednesday September 2, 2020	Thursday September 3, 2020	Friday September 4, 2020
BREAKFAST:	BREAKFAST: French Toast Sticks (4sticks) Pineapple (1/2c)	BREAKFAST: Muffins (1 each) Pears (1/2 c)	BREAKFAST: Yogurt (1 each) Applesauce (1/2 c)	BREAKFAST: Bagels (1each) Peaches (1/2 C)
LUNCH:	LUNCH: Hot Dog (2oz) or Hamburger (2oz) WG Buns (1) French Fries (1/4c/1/2c) Green Beans (1/2 c) Dk. Gr. Lettuce Salad (1/4c) Fresh Veggie Tray (1/4 c) Pineapple (1/2c)	LUNCH: Mini Corn Dogs (5) or Chicken Fried Steak (2oz) Mashed Potatoes (1/2c) or Rice (1/2c) Broccoli (1/2c) Cauliflower (1/2c) Pears (1/2 c)	LUNCH: Taco Shell (1shell;2 shell) Taco Meat (1 1/2 oz) Or Deli Turkey (3.4 oz) Shred Cheese 1/2oz Nacho(1oz chip/1oz cheese) Refried Beans (1/4 c) WK Corn (1/4c/ 1/2 c) Lettuce: Romaine/iceberg Applesauce (1/2 c)	LUNCH: Fish Sticks (4each) or Pulled Pork (2oz) Buttered Noodles (1/2c) Cabbage Salad (1/4c) Fresh Veggie Tray (1/2 c) Peaches (1/2 C)
NO SCHOOL				

Monday September 7, 2020	Tuesday September 8, 2020	Wednesday September 9, 2020	Thursday September 10, 2020	Friday September 11, 2020
BREAKFAST:	BREAKFAST: Bagels (1each) Mixed Fruit (1/2c)	BREAKFAST: Muffins (1 each) Peaches (1/2 C)	BREAKFAST: Yogurt (1 each) Pineapple (1/2c)	BREAKFAST: Breakfast Squares (1each) Applesauce (1/2 c)
LUNCH:	LUNCH: Quesadilla (1each) or Hot Dog (2 oz) Hash Browns (1/2c) Green Beans (1/2 c) Dk. Gr. Lettuce Salad (1/4c) Fresh Veggie Tray (1/2 c) Mixed Fruit (1/2c)	LUNCH: Meatballs (1/2c) or Deli Ham Sand. (3.4oz) Mashed Potatoes (1/2c) or Rice (1/2c) Broccoli (1/2 c) Cauliflower (1/2 c) Peaches (1/2 C)	LUNCH: Subs Lunch Meat (1oz; 1.5 oz) Cheese Slices (.5 oz; 1 oz) Scallop Potatoes (1/2 c) Cream Corn (1/4 c.; 1/2c) Lettuce/Tomato (1/4c) Pineapple (1/2c)	LUNCH: Pizza Dippers (2oz) or Pulled Pork (2oz) AuGratin Potatoes (1/2c) Fresh Veggie Tray (1/2 c) Dk. Gr. Lettuce Salad (1/4c) Marinara Sauce (1/4c) Applesauce (1/2 c)
Labor Day No School				

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ALL MENUS ARE SUBJECT TO CHANGE AT ANY TIME.

September 2020

Monday September 14, 2020	Tuesday September 15, 2020	Wednesday September 16, 2020	Thursday September 17, 2020	Friday September 18, 2020
BREAKFAST: Egg, Ham & Cheese Bake Pears (1/2c)	BREAKFAST: Pancakes (2 each) Peaches (1/2 C)	BREAKFAST: Muffins (1 each) Applesauce (1/2 c)	BREAKFAST: Yogurt (1 each) Pineapple (1/2c)	BREAKFAST: French Toast Sticks (4sticks) Strawberries (1/2c)
LUNCH: Ham & Cheese (1 each) or Hamburger (2oz) W.G.Bun (1) Peas (1/2c) Carrots (1/2 c) Pasta Salad (1/2c:3/4c) Fresh Veggie Tray (1/2 c) Pears (1/2c)	LUNCH: Sloppy Joes (2oz)or Hot Dog (2 oz) W.G. Buns Ranch Fries (1/2c) Veggie Beans (1/2 c) Fresh Veggie Tray (1/2 c) Peaches (1/2 C)	LUNCH: Chicken Wrap (1;2) Or Deli Turkey (3.4 oz) Shred Cheese 1/2oz Nacho(1oz chip/1oz cheese) Refried Beans (1/4 c) WK Corn (1/4c/ 1/2 c) Lettuce: Romaine/iceberg Applesauce (1/2 c)	LUNCH: Ravioli (1 cup) or Deli Ham Sand. (3.4oz) Breadsticks (1oz/2oz) WK Corn (1/2c) Fresh Veggie Tray (1/2c) Cauliflower (1/2c) Pineapple (1/2c)	LUNCH: Chicken Nuggets (2oz) or Brat (2 oz) W.G. Bun (1) Tri-Tators (2oz/4oz) or Baked Potatoes (1/2c) Green Beans (1/2 c) Strawberries (1/2c) Mixed Berries (1/2c)

Monday September 21, 2020	Tuesday September 22, 2020	Wednesday September 23, 2020	Thursday September 24, 2020	Friday September 25, 2020
BREAKFAST: Egg, Ham & Cheese On Muf. Mixed Fruit (1/2 c)	BREAKFAST: Muffins (1 each) Peaches (1/2 c)	BREAKFAST: Bagels (1each) Pears (1/2c)	BREAKFAST: Yogurt (1 each) Mandarin Oranges(1/2c)	BREAKFAST: Breakfast Squares (1each) Applesauce (1/2 c)
LUNCH: Chicken Patty (2oz) Deli Turkey Sandwich (3.4oz) Wedge Fries (3oz/5oz) WK Corn (1/4c/ 1/2 c) Fresh Veggie Tray (1/2 c) Mixed Fruit (1/2 c)	LUNCH: Spaghetti w/ Meat Sauce (5/8c) or Hamburger (2oz) Garlic Toast (1slice/2 slices) Green Beans (1/2c) Dk. Gr. Lettuce Salad (1/4c) Fresh Veggie Tray (1/2c) Peaches (1/2 c)	LUNCH: Mini Corn Dogs (5) or Grilled Chicken Pattie (2oz) Seasoned Rice (1/2c) or Mashed Potatoes (1/2c) Stir Fry Vegetables (1/2c) Broccoli (1/2c) Fresh Veggie Tray (1/2 c) Pears (1/2c)	LUNCH: Salisbury Steak (2oz) or Pulled Pork (2oz) Smiles (3oz / 5oz) Veggie Beans (1/2 c) Mixed Veggies (1/4c/ 1/2 c) Fresh Veggie Tray (1/2 c) Mandarin Oranges(1/2c)	LUNCH: Pizza (1 slice) or Assorted Sandwiches (1 each) Hash Browns (1/2 c) Dk. Gr. Lettuce Salad (1/4c) Fresh Veggie Tray (1/2 c) Applesauce (1/2 c)

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