

# LENA PUBLIC SCHOOLS NEWSLETTER

From the Desk of Mr. Pytleski  
December 18<sup>th</sup>, 2020



## Important Calendar Dates

- December 21<sup>st</sup> – School Board Meeting, 6:30pm.
- December 22<sup>nd</sup> – Christmas Concert Performances available to view virtually
- Dec. 23<sup>rd</sup> – Jan. 3<sup>rd</sup> Christmas Vacation
- December 28<sup>th</sup> – Holiday Tournament for both Boys/Girls
- December 29<sup>th</sup> – Holiday Tournament for both Boys/Girls
- January 4<sup>th</sup> – School Resumes
- January 13<sup>th</sup> – School Board Meeting

Small Community,  
Great Opportunity!

## Merry Christmas and Happy Holidays to All!



We want to thank Whispering Pines for donating this year's Christmas Tree. This has been a challenging year for everyone, but our decisions to remain open for our families has been worthwhile, rewarding for our staff, and beneficial to our students. The Lena Public School District has been a shining star in the area and has been a model of consistency. We thank all of our families and community for supporting our decisions to continue to provide a high-quality education during such challenging times.

## Adopt-a-Senior Project in Mrs. Hoffman's Class



Students in Mrs. Hoffman's 4<sup>th</sup> Grade Class raised money to buy Christmas Gifts for 2 Senior Citizens during the Holiday Season! Great work kids!

*Ben J. Pytleski*

- Ben J. Pytleski

## What's Happening at Lena Public Library:

Temporary Library Hours:

Monday-Curbside Pick-Up Only 3-6pm,  
call 920-829-5335 to schedule a time

Wednesday-Open 10am-6pm, Friday-Open 10am-Noon

- Enter thru front door, exit out back door
- Computers by appointment, but walk-ins accepted, 60 minute limit
- Computers available to kids, but under 16 must be accompanied by adult
- Please limit non-computer time to 30 minutes in library
- 3 patrons can browse at one time, baskets at desk to put in anything touched, items will be quarantined for 72 hours
- Masks recommended
- 16 and under must be accompanied by adult
- Drinking fountains and bathrooms closed

For a complete list of guidelines, check out postings as you enter the library

**NOTICE:** By patrons voluntarily using the library, the library board views this as an acknowledgment, on their part, of the contagious nature of COVID-19 or any illness, and that patrons voluntarily assume the risk that they and/or their family may be exposed to or infected by COVID-19, or any illness, by utilizing the library. Patrons need to understand that the risk of becoming exposed to or infected by COVID-19, or any illness, at the library is real. The library is taking precautions to help prevent any exposure or infection, but cannot be held liable if it should happen.

We have WiFi Hotspots available to check out!



Check them out with your library card. Adults only, no holds or renewals.



We still have Vandewalle's Candy Bars!  
(They are also available for curbside pick-up)

Dark Chocolate, Milk Chocolate, Mint Truffle, English Toffee, Peanut Butter Meltaway,  
Chocolate Truffle, Caramel and Caramel Nut- \$1 each

Check out some of what's new @ LPL



# Allergies, Cold, Flu or COVID-19?

*Symptom checker and what to do for kids.*



If your child is sick, you may wonder if it's allergies, a cold, the flu or COVID-19. In addition, with COVID-19, symptoms can range from no symptoms to severe symptoms and it can be challenging to know what to do. The chart below outlines how symptoms differ and what you might see with each condition, as well as recommendations for what to do in each situation.

This chart should not replace medical diagnosis. **For children who are not seriously ill**, it is recommended to contact your child's medical provider first to determine if you should seek medical care, what to do if symptoms are not improving or to provide a medical excuse for school.

SYMPTOMS	ALLERGIES	COLD	FLU	COVID-19
Symptoms begin	Gradually	Gradually	Suddenly: 1 to 4 days after exposure	2 to 14 days after exposure; typically after 5 days.
Symptoms last	Throughout allergy season	4 to 10 days	5 to 7 days	Varies by person
Symptoms get worse with time			x	x
Body or muscle aches		Rare	x	x
Chills		Rare	x	x
Cough	x	Sometimes	x	x
Tiredness/ Weakness	Sometimes	Sometimes	x	x
Earache	Sometimes	Sometimes	Sometimes	Sometimes
Fever		Rare	x	x
Headache	x	Rare	x	x
Itchy or watery eyes	x			
Loss of taste or smell				x
Nausea/Vomiting/ Diarrhea			Sometimes	x
Runny nose	x	x	Sometimes	x
Stuffy nose	x	x	Sometimes	x
Sneezing	x	x	Sometimes	x
Sore throat	x	x	Sometimes	x
Shortness of breath or difficulty breathing	Rare	Rare	Rare	x

## IF YOU HAVE THESE SYMPTOMS

1. If your child has a known history of allergies, follow the action plan recommended by your child's medical provider.
2. If your child does not have a known history of allergies, consider an antihistamine such as Claritin, Zyrtec or Benadryl.

1. Stay home.
2. Contact your child's provider for medical advice.

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1. Stay home.
2. Distance from others in the house, if possible.
3. Get tested for COVID-19.
4. Continue to isolate and remain home until you are able to get tested and until you get your result.

*Many children with COVID-19 experience no symptoms. If your child has had close contact with someone with COVID-19, it's important to stay home and distance from others in order to help protect those who are at high risk for severe illness from the virus (i.e. grandparents).*

x = symptom is typical for this illness.

# How to get tested for *COVID-19*

If your child has COVID-19 symptoms or has had close contact with someone who has been diagnosed with COVID-19, go online to [MyPrevea.com](https://www.prevea.com) to start the screening process.

## When to seek *emergency medical attention*

For children who are seriously ill with any of the following signs, seek emergency medical care immediately:

- Trouble or fast breathing
- Bluish lips or face
- Chest pain
- Severe muscle pain (child refuses to walk)
- Dehydration (no urine for 8 hours, dry mouth, no tears when crying)
- New confusion
- Not alert or interacting when awake
- Seizures
- Fever above 104°F; or any fever in children less than 12 weeks old

This list is not all possible symptoms. Call your child's medical provider for any other symptoms that are severe or concerning to you. Call 911 or call ahead to your local emergency facility to let the operator know if you are seeking care for someone who has or may have COVID-19.

For more resources about COVID-19 and other illnesses, visit [prevea.com](https://www.prevea.com) or [cdc.gov](https://www.cdc.gov).

## 2020 Flu Vaccine Options

### HSHS St. Clare/Prevea Health Centers

Anyone can receive a flu shot at your local HSHS St. Clare/Prevea Health Center. You should call ahead to schedule a nurse visit during normal clinic hours. Check insurance coverage, and bring your card.

Clinic	Address	Phone	Clinic	Address	Phone
Gillett	340 N. Green Bay Ave.	920-855-2823	Oconto Falls	835 S. Main St.	920-846-8187
Lena	200 S. Rosera St.	920-829-6400	Suring	913 E. Main St.	920-842-1147
Mountain	14353 Hwy 32/64	715-276-1600	<b>Call ahead to schedule, bring your insurance card.</b>		

### Prevea Health

#### Upcoming Flu Clinic Dates

Anyone can receive a flu shot at the Prevea flu clinics listed below. Flu clinic times vary; however, in general flu clinic hours are **weekdays from 8 a.m. to 4:30 p.m. and weekends 8 a.m. to 2 p.m.** Call ahead to reserve a spot during the **flu clinic of your choice**. Check insurance for coverage, and bring your card.

Date	Location	Address / Phone	Date	Location	Address / Phone
Wed Oct. 14	Oconto	620 Smith Ave. 920-834-4110	Thu Oct. 22	East Mason	3021 Voyager Dr. 920-431-1810
	Ashwaubenon	2502 S. Ashland Ave. 920-496-4777	Sat Oct. 24	Ashwaubenon	2502 S. Ashland Ave. 920-496-4777
Thu Oct. 15	Oconto Falls	835 S. Main St. 920-846-8187		Wed Oct. 28	East De Pere
	Pulaski	940 S. St. Augustine St. 920-822-5444	Howard		2793 Lineville Rd. 920-405-1455
	Seymour	958 Foote St. 920-833-9896	Sat Nov. 7	East Mason	3021 Voyager Dr. 920-431-1810
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Fri Oct. 16	Ashwaubenon	2502 S. Ashland Ave. 920-496-4777	Sat Nov. 14	East De Pere	3860 Monroe Rd. 920-431-1966
	Shawano	1300 East Green Bay St. 715-201-0870		Ashwaubenon	2502 S. Ashland Ave. 920-496-4777
Sat Oct. 17	East Mason	3021 Voyager Dr. 920-431-1810	<b>Don't forget: 1. Call ahead &amp; reserve a spot, 2. Bring your insurance card, and 3. You don't have to be a current patient to get your flu shot</b>		
	Howard	2793 Lineville Rd. 920-405-1455			

### Bellin Health Flu Shots

*(no upcoming flu clinics as of 10/9/20)*

#### School District Employees **WITH** Bellin Employee Clinic Benefits

Call any Bellin location to schedule, must ask for EMPLOYER CLINIC benefits when scheduling.

Clinic	Address	Phone	Clinic	Address	Phone
Bonduel	401 W. Mill St.	715-758-2167	Pulaski	723 S. Wisconsin St.	920-433-6073
Marinette	2820 Roosevelt Rd.	715-735-5225	Seymour	405 Commercial St.	920-833-2318
Oconto Falls	107 E. Highland Dr.	920-846-3092	Suring	307 Manor Dr.	920-842-2144

#### Non-District Employees and/or District Employees **WITHOUT** Bellin Employee Clinic Benefits

These individuals must be established with a Bellin PCP to get a flu shot. Bellin requests you call your Bellin PCP office to schedule.

**Aurora Flu Shot Information:** <https://www.aurorahealthcare.org/services/flu-shot>



# *“Pawsitive” Middle & High Students*

Our student winners for November are Autumn Sigel and Kylie Imig.

Autumn was caught being a caring person. And Kylie was caught showing kindness to all students.

*Thank you for being  
“Pawsitive”!*



The following students and staff were  
“Caught Being Pawsitive” for November.

### Students

Autumn Sigel  
Kylie Imig  
Alondra Madrigal  
Laila Collar  
Mya Gagnon  
Bryce Schneider  
Adrena Rabas  
Cooper Demmith  
Hunter Landeros  
Madalynn Kushner

### Staff

Mrs. Wolford  
Ms. Seefeldt  
Mrs. Jahnke  
Mr. Jahnke

## What's Happening in the Music Department?



Keep an eye on our online Christmas concert! We will be posting videos of the songs everyone has been working on for Christmas. Since the state of the world has not changed, we are recording our Christmas songs and posting them on the school website and the school Facebook page!





Lisa Pollman, Band  
pollmanl@lenak12.org  
(920)-829-5244 x.2059

Stacy Juelich, Choir & General Music  
juelichs@lenak12.org  
(920)-829-5244 x.2062





### Send Warm Clothes for Recess

It is definitely getting to be cold outside, so please send warm clothes with your child to wear during recess. A heavy winter jacket, hat and mittens are required now and snow pants and boots once it snows. We go outside until the temperature or windchill is zero or below, so send warm clothes.

Please put names on jackets, snow pants, mittens and boots.

We have way too many lost and found items that don't get claimed. Most are hats and mittens, but we do end up with snow pants, boots and even jackets by the end of the winter. It seems that all snow pants are black and they all look alike. Please label these articles so we can get them back to the rightful owner. If you notice something missing, feel free to call us so we can look in our lost and found. 829-5959 ext. 3.



### HAVE A PLAN FOR ELEMENTARY STUDENTS FOR EARLY RELEASE BECAUSE OF BAD WEATHER

With winter coming we may need to close school early because of bad weather. This does not happen often, but if it does- PLEASE HAVE A PLAN. Decide where your younger children will go if no one would will be at home for them. This is a HUGE worry for many of our elementary students. Discuss your plan with your children so they know what to do in the case of an unexpected early release

December 2020

Dear Parents/Guardians,

We are excited to let you know that we will be able to offer a youth wrestling program this year. Like so many other things, it will be a different kind of season due to COVID 19 but we feel so lucky to have the support of our school administration. Youth wrestling is all about having fun and we know Coaches Bryan Sellen, Doug Jahnke, and Josh Schlosser will make it a great opportunity for your kids!

**To sign your child up for youth wrestling, please email Mr. Misco at [miscoc@lenak12.org](mailto:miscoc@lenak12.org). Please include this information in the email.**

- Your child's name and grade level
- Your name, email address and phone number

**Please carefully read these expectations for practice and talk to your child about them before to our first practice.**

- Practice will start the week of **January 11, 2021**.
- Practice will be held in the **wrestling room** at the back of the school. Please have kids enter through the wrestling room doors.
- All practices will be held from **5:30-6:30pm**.
- In order to maintain social distancing, practice has been divided into **two groups**:
  - Grades PK-2 will practice on Tuesday evenings.
  - Grades 3-5 will practice on Mondays and Thursdays.
- Students will be required to **wear masks** during practice.
- Parents will not be allowed to stay for practice this year.
  - If you are interested in volunteering to help with practice, please contact Mr. Misco at [miscoc@lenak12.org](mailto:miscoc@lenak12.org)
- We will utilize our facebook page "Lena Public Schools Youth Wrestling" to communicate updates. **Please follow this page!**
- At this time, there are no competitive events scheduled. Parents will be notified of opportunities to compete as the season progresses.

There will be an online Lena Wildcat Wrestling apparel order running from January 11th to the 18th.

Please watch the Wrestling Facebook page for more information. Please let us know if you have any questions at all!

Thank you for your participation in advance.

# YOUTH BASKETBALL UPDATE

**5<sup>th</sup> & 6<sup>th</sup> Grade Seasons:** For the 5<sup>th</sup> and 6<sup>th</sup> grade boys and girls we are going to try to schedule games in between the winter and spring seasons for high school sports. For schools who did not move their fall sports to spring, there is a large gap, approximately 9 weeks, between winter and spring sports. Most of our winter sports will wrap up prior to February 22<sup>nd</sup>, and all spring sports are set to begin on April 19<sup>th</sup>. During that dead time for high school athletics, we will try to have our youth programs utilize the open time in our big gym. Any scheduled games vs other schools will take place during that time period. All scheduled home games for our youth teams will take place in the big gym where it is easier for people to spread out.

**Skills Days/Practice:** We will have some open time slots right after school in late Jan and early Feb. We will try to use those to schedule some youth practices, or skills days. This way we will get them started a little before their games begin in late February.

Please watch for date/time updates to be released in early January on the school social media and newsletter.