

# September 2021

Monday	Tuesday	Wednesday	Thursday	Friday
August 30, 2021	August 31, 2021	September 1, 2021	September 2, 2021	September 3, 2021
<b>BREAKFAST:</b>	<b>BREAKFAST:</b>	<b>BREAKFAST:</b>	<b>BREAKFAST:</b>	<b>BREAKFAST:</b>
		Bagels (1each) Pears (1/2 c)	Yogurt (1 each) Applesauce (1/2 c)	Muffins (1 each) Peaches (1/2 C)
<b>LUNCH:</b>	<b>LUNCH:</b>	<b>LUNCH:</b>	<b>LUNCH:</b>	<b>LUNCH:</b>
		Hot Dog (2oz) or Hamburger (2oz) WG Buns (1) French Fries (1/4c/1/2c) Green Beans (1/2 c) Dk. Gr. Lettuce Salad (1/4c) Fresh Veggie Tray (1/4 c) Pineapple (1/2c)	Taco Shell ( 1shell;2 shell) Taco Meat (1 1/2 oz) Or Deli Turkey (3.4 oz) Shred Cheese 1/2oz Nacho(1oz chip/1oz cheese) Refried Beans (1/4 c) WK Corn (1/4c/ 1/2 c) Lettuce: Romaine/iceberg Applesauce (1/2 c)	Mini Corn Dogs (5) or Chicken Fried Steak (2oz) Mashed Potatoes (1/2c) or Rice (1/2c) Broccoli (1/2c) Cauliflower (1/2c) Peaches (1/2 C)
<b>NO SCHOOL</b>	<b>NO SCHOOL</b>			

Monday	Tuesday	Wednesday	Thursday	Friday
September 6, 2021	September 7, 2021	September 8, 2021	September 9, 2021	September 10, 2021
<b>BREAKFAST:</b>	<b>BREAKFAST:</b>	<b>BREAKFAST:</b>	<b>BREAKFAST:</b>	<b>BREAKFAST:</b>
	Bagels (1each) Mixed Fruit (1/2c)	Muffins (1 each) Peaches (1/2 C)	Yogurt (1 each) Pineapple (1/2c)	Breakfast Squares (1each) Applesauce (1/2 c)
<b>LUNCH:</b>	<b>LUNCH:</b>	<b>LUNCH:</b>	<b>LUNCH:</b>	<b>LUNCH:</b>
	Quesadilla (1each) or Hot Dog (2 oz) Hash Browns (1/2c) Green Beans (1/2 c) Dk. Gr. Lettuce Salad (1/4c) Fresh Veggie Tray (1/2 c) Mixed Fruit (1/2c)	Meatballs (1/2c) or Deli Ham Sand. (3.4oz) Mashed Potatoes (1/2c) or Rice (1/2c) Broccoli (1/2 c) Cauliflower (1/2 c) Peaches (1/2 C)	Subs Lunch Meat (1oz; 1.5 oz) Cheese Slices (.5 oz; 1 oz) Scallop Potatoes (1/2 c) Cream Corn (1/4 c.; 1/2c) Lettuce/Tomato (1/4c) Pineapple (1/2c)	Pizza Dippers ( 2oz) or Pulled Pork (2oz) AuGratin Potatoes (1/2c) Fresh Veggie Tray (1/2 c) Dk. Gr. Lettuce Salad (1/4c) Marinara Sauce (1/4c) Applesauce (1/2 c)
<b>Labor Day No School</b>				

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ALL MENUS ARE SUBJECT TO CHANGE AT ANY TIME.

# September 2021

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
September 13, 2021	September 14, 2021	September 15, 2021	September 16, 2021	September 17, 2021
<b>BREAKFAST:</b>	<b>BREAKFAST:</b>	<b>BREAKFAST:</b>	<b>BREAKFAST:</b>	<b>BREAKFAST:</b>
Egg, Ham & Cheese Bake Pears (1/2c)	Pancakes (2 each) Peaches (1/2 C)	Muffins (1 each) Applesauce (1/2 c)	Yogurt (1 each) Pineapple (1/2c)	French Toast Sticks (4sticks) Strawberries (1/2c)
<b>LUNCH:</b>	<b>LUNCH:</b>	<b>LUNCH:</b>	<b>LUNCH:</b>	<b>LUNCH:</b>
Ham & Cheese (1 each) or Hamburger (2oz) W.G.Bun (1) Peas (1/2c) Carrots (1/2 c) Pasta Salad (1/2c:3/4c) Fresh Veggie Tray (1/2 c) Pears (1/2c)	Sloppy Joes (2oz)or Hot Dog (2 oz) W.G. Buns Ranch Fries (1/2c) Veggie Beans (1/2 c) Fresh Veggie Tray (1/2 c) Peaches (1/2 C)	Chicken Wrap (1;2) Or Deli Turkey (3.4 oz) Shred Cheese 1/2oz Nacho(1oz chip/1oz cheese) Refried Beans (1/4 c) WK Corn (1/4c/ 1/2 c) Lettuce: Romaine/iceberg Applesauce (1/2 c)	Ravioli (1 cup) or Deli Ham Sand. (3.4oz) Breadsticks (1oz/2oz) WK Corn (1/2c) Fresh Veggie Tray (1/2c) Cauliflower (1/2c) Pineapple (1/2c)	Chicken Nuggets (2oz) or Brat (2 oz) W.G. Bun (1) Tri-Tators (2oz/4oz) or Baked Potatoes (1/2c) Green Beans (1/2 c) Strawberries (1/2c) Mixed Berries (1/2c)

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
September 20, 2021	September 21, 2021	September 22, 2021	September 23, 2021	September 24, 2021
<b>BREAKFAST:</b>	<b>BREAKFAST:</b>	<b>BREAKFAST:</b>	<b>BREAKFAST:</b>	<b>BREAKFAST:</b>
Egg, Ham & Cheese On Muf. Mixed Fruit (1/2 c)	Muffins (1 each) Peaches (1/2 c)	Bagels (1each) Pears (1/2c)	Yogurt (1 each) Mandarin Oranges(1/2c)	Breakfast Squares (1each) Applesauce (1/2 c)
<b>LUNCH:</b>	<b>LUNCH:</b>	<b>LUNCH:</b>	<b>LUNCH:</b>	<b>LUNCH:</b>
Chicken Patty (2oz) Deli Turkey Sandwich (3.4oz) Wedge Fries (3oz/5oz) WK Corn (1/4c/ 1/2 c) Fresh Veggie Tray (1/2 c) Mixed Fruit (1/2 c)	Spaghetti w/ Meat Sauce ( 5/8c) or Hamburger (2oz) Garlic Toast (1slice/2 slices) Green Beans (1/2c) Dk. Gr. Lettuce Salad (1/4c) Fresh Veggie Tray (1/2c) Peaches (1/2 c)	Mini Corn Dogs (5) or Grilled Chicken Pattie (2oz) Seasoned Rice (1/2c) or Mashed Potatoes (1/2c) Stir Fry Vegetables (1/2c) Broccoli (1/2c) Fresh Veggie Tray (1/2 c) Pears (1/2c)	Salisbury Steak (2oz) or Pulled Pork (2oz) Smiles (3oz / 5oz) Veggie Beans (1/2 c) Mixed Veggies (1/4c/ 1/2 c) Fresh Veggie Tray (1/2 c) Mandarin Oranges(1/2c)	Pizza (1 slice) or Assorted Sandwiches (1 each) Hash Browns (1/2 c) Dk. Gr. Lettuce Salad (1/4c) Fresh Veggie Tray (1/2 c) Applesauce (1/2 c)

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