

Monday
October 11, 2021
BREAKFAST:
Cinnamon Rolls (2 each)
Applesauce (1/2c)
LUNCH:
Chicken Wrap (1;2)
Brat (2oz)
on WG Bun (2)
Shred Cheese 1/2oz
Nacho(1oz chip/1oz cheese)
Refried Beans (1/4 c)
WK Corn (1/4c/ 1/2 c)
Lettuce: Romaine/iceburg
Applesauce (1/2c)

Tuesday
October 12, 2021
BREAKFAST:
Muffins (1 each)
Pears (1/2 c.)
LUNCH:
Hot Pork & Gravy (2oz)or
Deli Ham Sandwich (3.4oz)
Mashed Potatoes (1/2c)
or Rice (1/2c)
Broccoli (1/4c-1/2c)
Cauliflower (1/4c-1/2c)
Fresh Oranges (1/2 c.)

Wednesday
October 13, 2021
BREAKFAST:
Breakfast Burrito (1 each)
Pineapple (1/2c)
LUNCH:
Chicken Patty (2oz) or
Pulled pork (2 oz)
Buttered Noodles (1/2c)
Veggie Beans (1/4c/ 1/2 c)
Fresh Veggie Tray (1/2 c)
Fresh Apple Slices (1/2c)

Thursday
October 14, 2021
BREAKFAST:
Yogurt (6oz)
Peaches (1/2 c)
LUNCH:
Chicken Nuggets (2oz)
or BBQ Rib (2 oz)
on W.G. Bun (1)
Tri-Tators (2oz/4oz)
or Baked Potatoes (1/2c.)
Cabbage Salad (1/2 c)
Fresh Veggie Tray (1/2 c)
Peaches (1/2c)

Friday
October 15, 2021
BREAKFAST:
Pancakes & Sausage (2oz)
Apricots (1/2 c)
LUNCH:
Ravioli (1 cup) or
Grilled Chicken Sand. (2 oz)
Breadsticks (1oz/2oz)
Green Beans (1/2 C)
Dk. Gr. Lettuce Salad (1/4c)
Fresh Veggie Tray (1/2c)
Apricots (1/2 c)

Monday
October 18, 2021
BREAKFAST:
Muffins (1 each)
Tropical Fruit (1/2 c)
LUNCH:
Salisbury Steak (2oz) or
BBQ Rib Patty (2oz)
W G Bun
Tator Tots (3oz / 5oz)
W.K. Corn (1/4c/ 1/2 c)
Fresh Veggie Tray (1/2 c)
Fresh Melons(1/2 c)

Tuesday
October 19, 2021
BREAKFAST:
Oatmeal (1/2c)
Pears (1/2 c.)
LUNCH:
Chili (8oz/10oz) or
Hot Dog (2oz)
French Fries (1/4c/1/2c)
Veggie Beans (1/4c/ 1/2 c)
Dk. Gr. Lettuce Salad (1/4c)
Shredded Cheese (1/2oz)
Fresh Veggie Tray (1/4 c)
Pears (1/2 c.)

Wednesday
October 20, 2021
BREAKFAST:
Bagels (1each)
Pineapple (1/2c)
LUNCH:
Teriyaki Chicken Stir Fry(2oz) Subs
Deli Ham Sandwich (3.4oz)
Seasoned Rice (1/2c) or
Mashed Potatoes (1/2c)
Stir Fry Vegetables (1/4c)
Broccoli (1/2c)
Fresh Veggie Tray (1/2 c)
Pineapple (1/2c)

Thursday
October 21, 2021
BREAKFAST:
Yogurt Parfait (6oz)
Strawberries (1/2c)
LUNCH:
Lunch Meat (1oz; 1.5 oz)
Cheese Slices (.5 oz; 1 oz)
Scallop Potatoes (1/2 c)
Cream Corn (1/4 c : 1/2c)
Lettuce/Tomato (1/4 C)
Strawberries (1/2c)

Friday
October 22, 2021
BREAKFAST:
Breakfast Squares (1 each)
Applesauce (1/2 c)
LUNCH:
Ham & Cheese (2oz) or
Cheddarwurst (2oz)
Buttered Noodles (1/2c)
Peas (1/2c)
Carrots (1/2 c)
Fresh Veggie Tray (1/2 c)
Fresh Sliced Apples (1/2c)

Monday
October 25, 2021
BREAKFAST:
Pancakes (2each)
Applesauce (1/2c)
LUNCH:
Sloppy Joes (2oz)or
Deli Turkey Sandwich (3.4oz)
Cheezy Potato Soup (1/2c)
W.G. Buns
Ranch Fries (1/2c)
Veggie Beans (1/2 c)
Fresh Veggie Tray (1/2 c)
Crackers (2pk)
Applesauce (1/2c)

Tuesday
October 26, 2021
BREAKFAST:
Muffins (1 each)
Pears (1/2 c.)
LUNCH:
Taco Shell (1shell;2 shell)
Taco Meat (1 1/2 oz)
Grilled Chicken Sand (2oz)
on WG Bun (2)
Shred Cheese 1/2oz
Nacho(1oz chip/1oz cheese)
Refried Beans (1/2 c)
WK Corn (1/4c/ 1/2 c)
Lettuce: Romaine/iceburg
Pears (1/2 c.)

Wednesday
October 27, 2021
BREAKFAST:
Bagels (1each)
Pineapple (1/2c)
LUNCH:
PT Conf. Early Release 1pm
Pizza (1 slice) or
Assorted Sandwiches(1 ea.)
Hash Browns (1/2 c)
Lettuce Salad (1/2c)
Fresh Veggie Tray (1/4c)
Pineapple (1/2c)

Thursday
October 28, 2021
BREAKFAST:
NO SCHOOL
LUNCH:
NO SCHOOL

Friday
October 29, 2021
BREAKFAST:
NO SCHOOL
LUNCH:
NO SCHOOL