


FEBRUARY, 2024 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
January 29, 2024	January 30, 2024	January 31, 2024	February 1, 2024	February 2, 2024
BREAKFAST: Bagels (1each) Tropical Fruit (1/2c)	BREAKFAST: Oatmeal (1/2c) Pears (1/2 c.)	BREAKFAST: Muffins (1 ea.) Pineapple (1/2c)	BREAKFAST: Yogurt (1each) Peaches (1/2c)	BREAKFAST: French Toast Tornado (1 sticks) Applesauce (1/2c)
LUNCH: Mini Corn Dogs (5) or Chicken Fried Chicken (1) Mashed Potatoes (1/2c) or Rice (1/2c) Winter Blend (1/4c/ 1/2 c) Mandarin Oranges (1/2c)	LUNCH: Quesadilla (1each) or Deli Turkey Sand. (3.4oz) Spanish Rice (1/2c) WK Corn (1/4c/ 1/2 c) Dk. Gr. Lettuce Salad (1/4c) Fresh Veggie Tray (1/2 c) Pears (1/2 c.)	LUNCH: Pizza Dippers (2oz) or Pulled Pork (2oz) Au Gratin Potatoes (1/2c) Dk. Gr. Lettuce Salad (1/4c) Fresh Veggie Tray (1/2 c) Marinara Sauce (1/4c) Pineapple (1/2c)	LUNCH: Cheddarwurst (2oz) Or Sloppy Joe (2oz) WG Buns (1) Pine Cones (1/2c / 3/4) Mixed Veggies (1/4c/ 1/2 c) Fresh Veggie Tray (1/2 c) Peaches (1/2c)	LUNCH: Fish sticks (1.5oz./3oz.)or BBQ Rib Sand. (2oz) Buttered Noodles (1/2c) Cabbage Salad (1/4c) Veggie Beans (1/2 C) Fresh Veggie Tray (1/2 c) Applesauce (1/2c)

Monday	Tuesday	Wednesday	Thursday	Friday
February 5, 2024	February 6, 2024	February 7, 2024	February 8, 2024	February 9, 2024
BREAKFAST: Egg, Saus. & Cheese Crustable Mixed Fruit (1/2 c)	BREAKFAST: Muffins (1 ea.) Pears (1/2 c.)	BREAKFAST: Pancake Puffs (1 ea.) Pineapple (1/2c)	BREAKFAST: Yogurt Parfait (1each) Peaches (1/2c)	NO SCHOOL
LUNCH: Spaghetti w/ Meatballs (2oz) or Hamburger (2oz) Garlic Toast (1slice/2 slices) Broccoli (1/4c/ 1/2 c) Dk. Gr. Lettuce Salad (1/4c) Fresh Veggie Tray (1/2c) Mixed Fruit (1/2 c)	LUNCH: Taco Shell (1shell;2 shell) Taco Meat (1 1/2 oz) Deli Turkey Sand. (3.4oz) on WG Bun (1) Refried Beans (1/4c) Nacho(1oz chip/1oz cheese) WK Corn (1/4c/ 1/2 c) Lettuce: Romaine/iceberg Shred Cheese 1/2oz Pears (1/2 c.)	LUNCH: Swedish Meatballs (2oz) or Grilled Chicken Sand. (2 oz) Mashed Potatoes (1/2c) or Rice (1/2c) Green Beans (1/2c) Fresh Veggie Tray (1/2 c) Pineapple (1/2c)	LUNCH: Chili (8oz/10oz) or Hot Dog (1oz /2 oz) French Fries (1/4c/1/2c) Veggie Beans (1/2 c) Dk. Gr. Lettuce Salad (1/4c) Shredded Cheese (1/2oz) Fresh Veggie Tray (1/4 c) Peaches (1/2c)	

LENA PUBLIC SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.
ALL MENUS ARE SUBJECT TO CHANGE AT ANY TIME.

FEBRUARY, 2024 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
February 12, 2024	February 13, 2024	February 14, 2024	February 15, 2024	February 16, 2024
BREAKFAST: Waffles Pineapple (1/2c)	BREAKFAST: Muffins (1 each) Pears (1/2 c)	BREAKFAST: Bagels (1each) Mixed Fruit (1/2c)	BREAKFAST: Yogurt (1each) Peaches (1/2c)	BREAKFAST: Breakfast Squares (1pc) Applesauce (1/2 c)
LUNCH: Popcorn Chicken (2oz) or Brat (2 oz) on W.G. Bun (1) Tri-Tatars (2oz/4oz) or Baked Potatoes (1/2c.) Cauliflower (1/2 c) Broccoli (1/2c) Pineapple (1/2c)	LUNCH: Build your own Nacho's or Deli Ham Sandwich (3.4oz) Taco Meat (2 oz)or Nacho Cheese 1oz Mexican Rice (1/2c) Refried Beans (1/4 c) WK Corn (1/4c/ 1/2 c) Lettuce: Romaine/iceberg Pears (1/2 c)	ASH WEDNESDAY	LUNCH: Subs Lunch Meat (2oz / 3.4 oz) Cheese Slices (.5 oz / 1 oz) Scallop Potatoes (1/2 c) Cream Corn (1/4 c/1/2c) Lettuce/Tomato (1/4 C) Peaches (1/2c)	NO ELEMENTARY KIDS
				LUNCH: (LENT)
				Fish sticks (1.5oz./3oz.)or BBQ Rib Sand. (2oz) Buttered Noodles (1/2c) Cabbage Salad (1/4c) Green Beans (1/2 C) Fresh Veggie Tray (1/2 c) Applesauce (1/2 c)
Monday	Tuesday	Wednesday	Thursday	Friday
February 19, 2024	February 20, 2024	February 21, 2024	February 22, 2024	February 23, 2024
BREAKFAST: Mini Cinn. rolls (2 each) Pears (1/2 c)	BREAKFAST: Egg, Ham & Cheese Bake (1each) Pineapple (1/2c)	BREAKFAST: Muffins (1 each) Peaches (1/2c)	BREAKFAST: Yogurt (1each) Applesauce (1/2 c)	BREAKFAST: French Toast Sticks (4sticks) Strawberries (1/2c)
LUNCH: Chicken Patty (2oz) or Hot Dog (2oz) Mac N Cheese 1/4c - 1/2c Broccoli (1/4c-1/2c) Fresh Veggie Tray (1/2 c) Pears (1/2 c)	LUNCH: Chicken Wrap (1-2)or Pizza Burger (2oz) Shred Cheese 1/2oz Nacho(1oz chip/1oz cheese) Refried Beans (1/4 c) WK Corn (1/4c/ 1/2 c) Lettuce: Romaine/iceburg Shred Cheese 1/2oz Pineapple (1/2c)	LUNCH: Fish sticks (1.5oz./3oz.)or Or Hamburger (2 oz) Buttered Noodles (1/2c) Cabbage Salad (1/4c) Green Beans (1/2 C) Fresh Veggie Tray (1/2 c) Peaches (1/2c)	LUNCH: Ravioli (1 cup) or Deli Turkey Sand.(3.4oz) Breadsticks (1oz/2oz) Mixed Veggies (1/4c/ 1/2 c) Dk. Gr. Lettuce Salad (1/4c) Fresh Veggie Tray (1/2c) Applesauce (1/2 c)	LUNCH: (LENT)
				Pizza (1 slice) or Assorted Sandwiches (1each) Hash Browns (1/2 c) Veggie Beans (1/2c) Dk. Gr. Lettuce Salad (1/4c) Fresh Veggie Tray (1/4c) Strawberries (1/2c)

LENA PUBLIC SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.
ALL MENUS ARE SUBJECT TO CHANGE AT ANY TIME.

FEBRUARY, 2024 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
February 26, 2024	February 27, 2024	February 28, 2024	February 29, 2024	March 1, 2024
BREAKFAST: Bagels (1each) Peaches (1/2 c)	BREAKFAST: Muffins (1 each) Peaches (1/2 c)	BREAKFAST: Breakfast Pizza (1 piece) Pineapple (1/2c)	BREAKFAST: Yogurt Parfait (1each) Pears (1/2 c)	BREAKFAST: Berry Fr Toast (1 each) Applesauce (1/2 c)
LUNCH: Ham & Cheese (1 each) or Cheddarwurst (2oz) W.G.Bun (1) Peas (1/2c) Carrots (1/2 c) Pasta Salad (1/2c:3/4c) Fresh Veggie Tray (1/2 c) Peaches (1/2 c)	LUNCH: Meatballs (1/2c) or Grilled Chicken Sand. (2oz) Mashed Potatoes (1/2c) or Rice (1/2c) Broccoli (1/2 c) Cauliflower (1/2 c) Peaches (1/2 c)	LUNCH: Pizza Dippers (2oz) or Hamburger (2oz) AuGratin Potatoes (1/2c) Green Beans(1/4c/1/2c) Dk. Gr. Lettuce Salad (1/4c) Fresh Veggie Tray (1/2 c) Pineapple (1/2c)	LUNCH: Salisbury Steak (2oz) or BBQ Rib Patty (2oz) W G Bun Tator Tots (3oz / 5oz) Veggie Beans (1/2 c) Fresh Veggie Tray (1/2 c) Pudding (1 each) Pears (1/2 c)	LUNCH: (LENT) Fish sticks (1.5oz./3oz.)or Or Hamburger (2 oz) Buttered Noodles (1/2c) Cabbage Salad (1/4c) Mixed Veggies (1/4c/ 1/2 c) Fresh Veggie Tray (1/2 c) Applesauce (1/2 c)

LENA PUBLIC SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.
ALL MENUS ARE SUBJECT TO CHANGE AT ANY TIME.